A red heart and a stethoscope

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**Clay Counts Coalition Agenda**

**Wednesday, February 14, 2024**

**Stuart Administrative Center Meeting Room**

**Noon to 1:00**

**Lunch Provided**

***February is Heart Health Awareness Month and the American Heart Association’s 100th Birthday!***

**Welcome and Introductions**

**Attendees*:*** Lori Martin, Jaclyn Pfizenmaier, Brett Nelson, Matt Weller, Kathy Beougher, Wade Reh, Audrey Waid, Ryan Wilson, Erin Mellies, Megan Lewis, Quinn O’Hara, Heather Tremblay, Lisa Last, Dana Rickley, Leslie ?, Nikki Burwel, Izzy Blackwood, Raegann McDonald, Alessia Carrales, Kelsey Watson

***Bell Ringer Activity:*** Valentine cards - Add to the back and send them on to someone else to brighten their day!

* This was a YLink activity that was done at the first Saturday Night Lights event

***How I Can Learn Time***

K State Research and Extension Resources for Community Mental Health and Vitality: Wade Reh

* Wade shared a document informing what the KSU River Valley District Research & Extension office is and how it works
* Represents 4 counties: Republic, Washington, Cloud and Clay
* 17 staff members; 8 agents
* Research based information to help others make decisions & to offer agents and presentations to the community
* The different programming areas were discussed
  + Global Food Systems, Health, Developing Tomorrow’s Leaders, Water & Natural Resources, Community Vitality
  + This can include consulting, education, troubleshooting, assessment of community needs, 4-H programming, school enrichment, summer day camps, assisting clients in finding resources, group facilitation, etc.
* Welcome Aboard Series: Good resource for anyone who is new to a board
* How can Clay Counts use KSU Research & Extension
  + Their job is to find what is not being done and fill in the gaps
    - maybe a Courageous Conversations presentation in the future

***How I Can Make an Impact Time***

1. **YLinK Report: Raegann McDonald and Izzy Blackwood**
2. Teen Mates
   1. Started at Community Commitment night as an option to start a mentorship program in an elementary
   2. This will start at Garfield – 12 CCCHS students are signed up to be a mentor
   3. Goal is for it to be launched by the end of February
      1. Start with a soft launch by being in and around Garfield school
3. Presentation at Lion's Club
   1. Raegann and Izzy spoke at the Feb. 7 Lion’s Club
4. Saturday Night Lights: 2/24, 3/23, and 4/27 8:00 to 11:00 PM @ Common Ground
   1. Debuted Big Cat Groove CCCHS jazz band at the January inaugural event
   2. Common Ground has volunteered to provide food at future events
5. Fifth Quarter Plans: 2/16/24
6. Trips to Topeka – CCCHS YLink members will be speaking at each of these events
7. Youth Mental Health Advocacy Day on March 7th
8. Governor’s Behavioral Health Conference on March 19th
9. The Kansas State Board of Education on April 12th
10. **Blessing Box Project: Alessia Corrales and Heather Trembly**
    1. Heather has been investigating about who was in charge of this project
    2. These boxes are in every single park, several schools, and several churches
    3. The Rotary Club installed these boxes, but they have nothing to do with their operation
    4. Heather is looking into who can be the person/people in charge with different areas of the town
       1. She is working on creating a map of where they are all located
    5. Alessia is involved because she had a role in this with the CCCHS FFA
11. **Community Garden Proposal: Nikki Burwel**
    1. A community member who recently moved here was in charge of community gardens in her previous town
    2. They are going to propose a community garden on the north side of the health department
       1. This would be above ground
       2. Donations will be needed for the supplies to build the boxes and be in charge of each area
       3. The goal would be for presentations to be offered for canning, recipes, etc. with these items
       4. Mr. Nelson said the CCCHS construction tech classes might be interested in this
12. **Courageous Conversations Update: Lisa Last and Lori Martin**
    1. First presentation was on the mobile crisis unit and social media usage
    2. Fentanyl and sex education are two topics mentioned as needed to address
    3. Monday, Feb. 26 – “Birds & The Bees: When is the right time to talk?” will be the next presentation
    4. Wednesday, March 27 – “Fentanyl in the Age of Drugs”
       1. Narcan will be available to hand out on this evening
13. **Project Lead Action Plan for the Implementation of “Too Good for Drugs” Program: Matt Weller, Jaclyn Pfizenmaier, Lisa Last, and Stefanie Lane** 
    1. Project LEAD has been at LES and GES for 13 years
       1. After school tutoring/clubs program offered Monday-Friday
    2. Too Good For Drugs will be implemented at the beginning of the 2024-25 school year during this time
       1. There is a different curriculum for each grade level
14. **Invitation to the “Grow Gatsby Gala:” 2/17/24 @ 5:30 @ Clay County Event Center**

***How I Can Help Time***

1. Greeters are Needed for Courageous Conversations on 3/4/24
2. Chaperones are Needed for Fifth Quarter on 2/16/24
   1. Need pancake makers for the CCCHS commons area
3. Food Committee Needed for Saturday Night Lights on 2/24/24
   1. Telescopes will be available for viewing the full moon
4. Recruit and Bring a New Member to our Next Meeting
5. Audrey is needing volunteers for the “Poverty Simulation” activity on 2/19/24 from 8-11 a.m. at the Catholic Center (8 more needed)

***Next Meeting:* March 6th at Noon at the Stuart Administrative Canter with Lunch Provided**

***Our Mission***

**The Clay Counts Coalition exists to promote social, physical, and mental well-being for the residents of Clay County, emphasizing reduction of youth substance use and to foster a thriving environment in which to live, learn, and play.**