



**Clay Counts Coalition Agenda  
Wednesday, June 19, 2024  
Stuart Administrative Center Meeting Room  
Noon to 1:00  
Lunch Provided  
*June is Men's Health Awareness Month\****

***Welcome and Introductions***

Craig Rickley (CCCMS teacher), Dana Rickley (CCHD), Kimberly Sanchez (Pawnee Mental Health), Antonio J. Timms (Pawnee Mental Health), Jaclyn Pfizenmaier (USD 379), Samantha Schroer (Pawnee Mental Health), Ryan Wilson (Dispatch), Matt Weller (Community Coordinator), Quinn O'Hara (KCLY), Alicia Braly (Clay Center citizen), Paul Tessaro (Faith based member), Wade Reh (Extension), Arielle Kelly (DCCCA)

***How I Can Learn Time***

Raegan McDonald and YLink Team Presents on the Work Being Done by Youth Leaders in Kansas.

- Raegan was not able to attend today. Raegan and Lori recently traveled to Wichita for the Kansas Consumer Advisory Council for Adult Mental Health conference to receive the iLead Award as the number one youth program in the state of Kansas. The next day they traveled to Hoisington for the YLink state conference. Two CCCHS students are on a committee to bring a leadership group to the state of Kansas.

***How I Can Make an Impact Time***

- I. Plans for Summer Trainings Sessions
  - A. PAX Tools for Human Services Workers June 24<sup>th</sup> 9:00 to 4:30 @ EMS Academy (Flyer Attached)
    - a. This is for social workers, coaches, etc. (anyone who works with kids)
    - b. The focus is to help them learn how to be a positive mentor for them
    - c. If you need professional certification points, this would be a good option
  - B. ACES/ Emotional First Aide for Youth with Law Enforcement and EMS 9:00 to 3:30 @ Prairieland Partners
    - a. This is part of Clay Counts' Drug Endangered Children Grant
  - C. Farmer to Farmer Suicide Prevention Team Plans 9:00 to 1:00 @ Prairieland Partners
    - a. Peer to peer suicide prevention program
    - b. Geared towards farmers or friends
    - c. Care and Protect (CAP) team is needed to help recruit people to come
    - d. ManHatchet Axe throwing will be there with a mobile unit!
  - D. DECK Grant Investment: Kevin Polky from Rockford, Illinois Presentations on August 7<sup>th</sup>
    - a. USD #379 Staff Back to School Kick Off "Managing Stress and Developing Resilience"
    - b. USD #379 Teacher Session "Trauma Informed Suicide Awareness Training"
    - c. Community Wide Presentation @ 7:00 at the Rex "Creating Hope in a Time of Hopelessness"

- d. This is funded as part of the Clay Counts Drug Endangered Children Grant
- E. Clay Counts is hosting the movie “Inside Out 2” for families
  - a. Matt and Alicia will help host on June 29 or 30
- II. Matt Weller Update
  - a. Please visit the [Clay Counts website](#) to sign up for updates as they are posted
- III. End of the Fiscal Year Budget Report: Dana Rickley
  - a. We are just now drawing down funds, so those of you getting paid will do so in June
  - b. We are needing to pre-pay Clifton Strengths, purchase Signs of Suicide, and purchase supervision for future activities
- IV. Plans for Clay Counts CADCA Mid-Year Training July 14<sup>th</sup> to 18<sup>th</sup>
- V. DCCCA – Arielle Kelly
  - a. Arielle Kelly presented on behalf of DCCCA. This organization has a grant that purchased two OneBox kits and two Nalaxone HCI nasal sprays. These includes PPE kits, naloxone administration instructions, scannable QR code for video instructions, and a video component containing emergency video and training videos on naloxone administration. These kits will go to CCCHS and WHS schools.

***How I Can Help Time***

- I. Seeking Farmer to Farmer Team Members and Program Presenters
- II. Chaperones for YLink Street Party on August 15<sup>th</sup> 7:00 to 9:00
  - a. This is after the CCCHS mandatory concussion protocol meeting earlier in the evening
- III. Recruit and Bring a New Member to our Next Meeting
- IV. Organization to provide \$\$ for people who come to the laundromat
  - a. Are we interested in something like this? Tabled until the August meeting

***Next Meeting:*** Due to the busy July schedule, we will not meet in July. Please mark your calendar for Wednesday, August 14<sup>th</sup> at Noon at the Stuart Administrative Center with Lunch Provided

***Our Mission***

The Clay Counts Coalition exists to promote social, physical, and mental well-being for the residents of Clay County, emphasizing reduction of youth substance use and to foster a thriving environment in which to live, learn, and play.

\*See the back of the agenda for some interesting men’s health facts!

## Men's Health Month Facts

### Did you know?

On average, men in the United States live **76.1 years**. That number is about five years less than women. Men also have a **higher rate** for most of the leading causes of death, including cancer, heart disease, diabetes, and suicide. In total, **1 in 2 men** will develop some form of **cancer** in their lifetime, making regular screenings and checkups vital, especially as they age.

*Here are some other notable statistics about men's health from the Centers for Disease Control and Prevention and other health-based organizations:*

1. 24.3% of male deaths in 2018 were caused by heart disease.
2. Heart disease and cancer accounted for 46.1% of male deaths that year.
3. Suicide was the seventh most common type of death for men. 11.5% of men aged 20 years or older had serious thoughts about suicide, while only 10.1% have received mental health treatment.
4. Studies show that men are often more likely than women to participate in behavior that puts their health at risk.
5. 30.9% of men over age 18 have had five or more drinks in one day at least once in the past year.
6. 15.3% of men over age 18 currently smoke cigarettes.
7. Prostate cancer remains the most common type of cancer among men in the United States in 2019. Thankfully, the fatality rates from prostate cancer have decreased steadily since 1990. In 2017, there were only 19 deaths from prostate cancer per 100,000 cases. From birth to death, men in the United States have an 11.2% chance of developing prostate cancer.
8. 40.5% of men aged 20 and over are currently classified as obese.
9. 209 out of every 100,000 men died from heart-related conditions in 2017. Furthermore, another 10.8% of men in the United States have been diagnosed with diabetes.
10. 51.9% of men aged 20 and over with hypertension.
11. 13.2% of men under age 65 do not have health insurance coverage.