

Clay Counts Coalition Agenda Wednesday, October 16, 2024 Stuart Administrative Center Meeting Room Noon to 1:00 Lunch Provided October is National Youth Substance Prevention Month

I. Welcome and Introductions

Attendees: Kara James (River Valley Extension District, Lori Martin (Clay Counts Coordinator), Bill Robinson (Clay Center Police Chief), Lisa Last (School Family Communications Connection Counselor), Arielle Kelly (DCCCA), Nikki Burwell (CCHD), Kimberly Sanchez (Pawnee Health), Jeanna Fancella (Cub Scouts), Melissa Petesch (Rosewood Therapy), Jaclyn Pfizenmaier (USD 379), Paul Tessaro (church rep), Wade Reh (K-State Extension), Luke Byers (K-State Extension), Dana Rickley (CCHD and Clay Counts), Isabelle Blackwood (CCCHS YlinK member), Braylee Langvardt (CCCHS YlinK member)

II. How I Can Learn Time

Nikki Burwell: Immunizations and Community Garden

CCHD is willing to go to local businesses to give immunizations. Call CCHD if you are interested.

Last Sunday, the 4-H Headliners and Clay County Conservation Management team along with Clay Counts reps to begin working on the community garden. 12 raised 4x8' beds have been donated for this. This will include flowers and vegetables. Two Blessing Boxes will be built near this as well. Donations have been given, including \$300 from the Washington Headliners. Britt's Farm has also donated half of the soil. The quarry has donated gravel. The Highway department has donated travel needs. Andy Brockman is donating the use of heavy equipment. In January an application will go out to anyone who wants to receive one of the plots.

Medication Safety: Arielle Kelly, DCCCA Prevention Specialist

Medication Safety training is provided for free. Older adult training teaches them how to be their own health advocate and how to use and dispose of unused drugs safely. They also offer a youth medication safety training. This can be for elementary or middle/high school students. There are multiple drug disposal options that are free to anyone who lives in Kansas. Clay Counts can get some of these if needed.

Kansas Prevention Council Keynote Speech: Isabelle Blackwood

<u>This video</u> shows Isabelle Blackwood presenting as the keynote speaker at the Kansas Prevention Collaborative Conference in Wichita. She received lots of positive feedback from the people in attendance who heard her message.

III. How I Can Make an Impact Time

A. Report on Unity Day: Lisa Last

October is Bullying Prevention Month. This was an extension of that initiative. This Day was developed by the Pacer organization. All staff and students were encouraged to wear orange. All USD 379 staff were given shirts paid for through Clay Counts and USD 379.

B. Follow Upon Gather for Good Day: Matt Weller

We received \$2,289.12 in donations from 13 individual donors. This is before the matching funds. Matt has written thank you notes to each of these donors. This main portion of this money will go towards providing food at the various activities throughout the year.

C. Follow Up on Narcan Distribution Presentations: Lori Martin and Dana Rickley See below

D. Clay Counts Drug Take Back Day: Wednesday, October 23rd: Nikki Burwell and Lori Martin

Any medications can be taken back, including legal and illegal. Narcan will also be handed out after a short training. Russell Stover candies will also be handed out.

E. YLinK Update:

1. CCCMS Annual Report: Nick Brummet

Nick was not able to attend today.

2. Follow Up on CCCHS" Fight Addiction", "Sing Your Own Song" Nights , and Bandana Squad Training The CCCHS December 5th quarter is going to be a Karaoke night. Wakefield hosts "9th Hours" after school.

3. New Leadership at Wakefield

A \$1,000 stipend is paid through Clay Counts for each sponsor. This includes Kim Simon at Wakefield.

F. Communications Update: Matt Weller

Matt was not able to attend today.

G. Fiscal Updates: Dana Rickley

H. Partnership with Pawnee Mental Health for Courageous Conversations Coffee on National Suicide Survivor's Day: November 23rd

Clay Counts was approached by Pawnee to help host this event. This will be our November Courageous Conversation.

I. Follow Up on Future Courageous Conversations Nights: Lori Martin

Wednesday, Nov. 6 at 7 pm: Clay Center United Methodist Church: Eric Martin – "Just What is Addiction and Why Can't I Stop Doing This?"

The goal is to get each church to bring their youth groups on this night. We are also trying to get the jousting ring back. J. Blessing Box Coordinator

There are donations to help fund this. Heather Tremblay is stepping down as coordinator. If anyone is interested in picking up this initiative, please contact Lori.

Mark Your Calendars for Clay Counts Upcoming Events:

* Friday, October 11th we will host Fight Addiction Night

* Sunday, October 13th @ 3:00 Clay Counts Community Garden Kick Off at the Clay County Health Department

* Wednesday, October 16th Clay Counts Sponsors Unity Day at both Clay County High Schools

* Friday October 18th YLinK Bandana Suicide Prevention Squad Training

Students from both CCCHS & Wakefield High School will attend this event, hosted by Ericka Lysell.

* Thursday, October 31st Clay Counts' " Living Healthy is SWEET "

There will be a booth at Clay Center's Halloween Howl. NARCAN will be available with training. Russell Stover Chocolates will be handed out. Nikki will also be there to give Flu Shots as needed.

* Saturday, November 23rd 9-11 am Clay Counts Courageous Conversations Coffee in Honor of National Suicide Survivor Day at Pawnee Mental Health

How I Can Help Time

I. Volunteer for Teammates Mentoring Program

II. Recruit and Bring a New Member to our Next Meeting

III. Serve as Host at Nov. 23 Courageous Conversations Coffee At Pawnee

IV. "Dig In" and Help with the Community Garden

Next Meeting

Next Meeting: Please mark your calendar for Wednesday, November 13th at Noon at the Stuart Administrative Center with Lunch Provided

Our Mission: The Clay Counts Coalition exists to promote social, physical, and mental well-being for the residents of Clay County, emphasizing reduction of youth substance use and to foster a thriving environment in which to live, learn, and play.